

Experience DOWNTOWN ROCKY MOUNT

New Faces in Downtown

Four new businesses recently opened in downtown Rocky Mount.



Cream of Ice

209 NE Main St. - 252-557-7667
www.facebook.com/creamoficeofficial

A colorful shop that delights customers young and old with hand-dipped ice cream and other delicious treats is the Douglas Block's new occupant. This location is a new home for owner Tameika Horne, who originally opened the shop in 2019 on Sunset Avenue. The menu also includes hot dogs, nachos, candy snacks, drinks and on weekends, funnel cakes. Cream of Ice is open from 1 to 6 p.m. on Monday and Wednesday, noon to 8 p.m. Thursday through Saturday and 1 to 5 p.m. Sunday. It is closed on Tuesday.



Dripping Flavor

119 N. Washington St. - 252-231-0813
www.facebook.com/JeraldoJayBando

Downtown's newest restaurant and lounge has a succulent menu and a vibrant atmosphere. Before opening downtown, it was an established food truck business that brought in hungry customers from miles around. In addition to popular food items such as seafood, mac and cheese, cheesesteaks and pasta, it offers nightlife and select social activities. Dripping Flavor is open from 11 a.m. to 9 p.m. Wednesday through Saturday, and noon to 5 p.m. on Sunday.



Happier at Home-Eastern North Carolina

Suite 140-E, Station Square - 252-443-7419
happierathome.com/locations/home-care-north-carolina/

Happier at Home is an in-home care service tailored for seniors and individuals with disabilities. The company also provides comprehensive geriatric care management. President/CEO Thomas McDowell is no stranger to running a business as he also owns McDowell's Pharmacy in Scotland Neck and Rocky Mount Medical Park Pharmacy. Business hours are 9 a.m. to 5 p.m. Monday through Friday.



Kafe Louverture

110 Tarboro St. - 252-542-2940
www.facebook.com/profile.php?id=100063467683510

This new take-out restaurant specializes in mouth-watering Haitian patties and other tasty creations. Owners Joanne Saget and her husband Anthony Cunningham ran a successful restaurant in New York before relocating to North Carolina during the Covid-19 pandemic. Now they are bringing a taste of Haiti to Rocky Mount. Kafe Louverture is open from 10 a.m. to 5 p.m. Tuesday through Saturday.

Experience

FIRST FRIDAY
DOWNTOWN ROCKY MOUNT

Experience fun in downtown!

October 6

November 3

December 1



Clue
ON STAGE

Based on the iconic 1985 movie and board game, this comedy whodunit will leave both cult-fans and newcomers in stitches as they try to figure out... WHO did it, WHERE, and with WHAT!

Performances: Oct. 5-7 at 7:30 p.m.
Oct. 8 at 2 p.m.

In the Imperial Centre Theatre

imperialcentre.org/theatre

 ROCKY MOUNT
IMPERIAL CENTRE
THE CENTER OF IT ALL

**2023 Eastern Carolina BBQ
Throwdown comes to
downtown Oct. 13-14**



Make plans to attend the Eastern Carolina BBQ Throwdown October 13-14 on the lawn of the Helen P. Gay Rocky Mount Historic Train Station at 101 Coastline St. in downtown Rocky Mount.

At least 25 pitmasters will prepare their tastiest barbecue to impress a panel of judges in hopes of winning the coveted Grand Championship. The Eastern Carolina BBQ Throwdown is sanctioned by the Kansas City Barbecue Society. The competition features a total of \$20,000 in cash prizes in four categories: chicken, pork ribs, pork and beef brisket. Those attending the event will be able to help choose the People's Choice winner.

There will also be live music, including a Friday night concert by The Tams. In addition to food vendors and a beer garden, there will be a kids zone - plus a chance to win \$100 off your Rocky Mount Public Utilities bill.

The Eastern Carolina Barbecue Throwdown is hosted by the city of Rocky Mount. Sponsors include North Carolina Wesleyan University, PNC Bank, Rocky Mount Area Chamber of Commerce, Harlem Brew South, NC Soybean Producers Association and Station Square Downtown Rocky Mount.

Here is the event schedule:

Friday, Oct. 13:

5 p.m.-9 p.m. - BBQ Kick Off Party with beer garden, food vendors and kids zone.

7 p.m. -9:30 p.m. - On Stage: The Tams

Saturday, Oct. 14:

11 a.m.-6 p.m. - Food and commercial vendors, Rocky Mount Public Utilities exhibit area, kids zone, live music and beer garden.

On Stage:

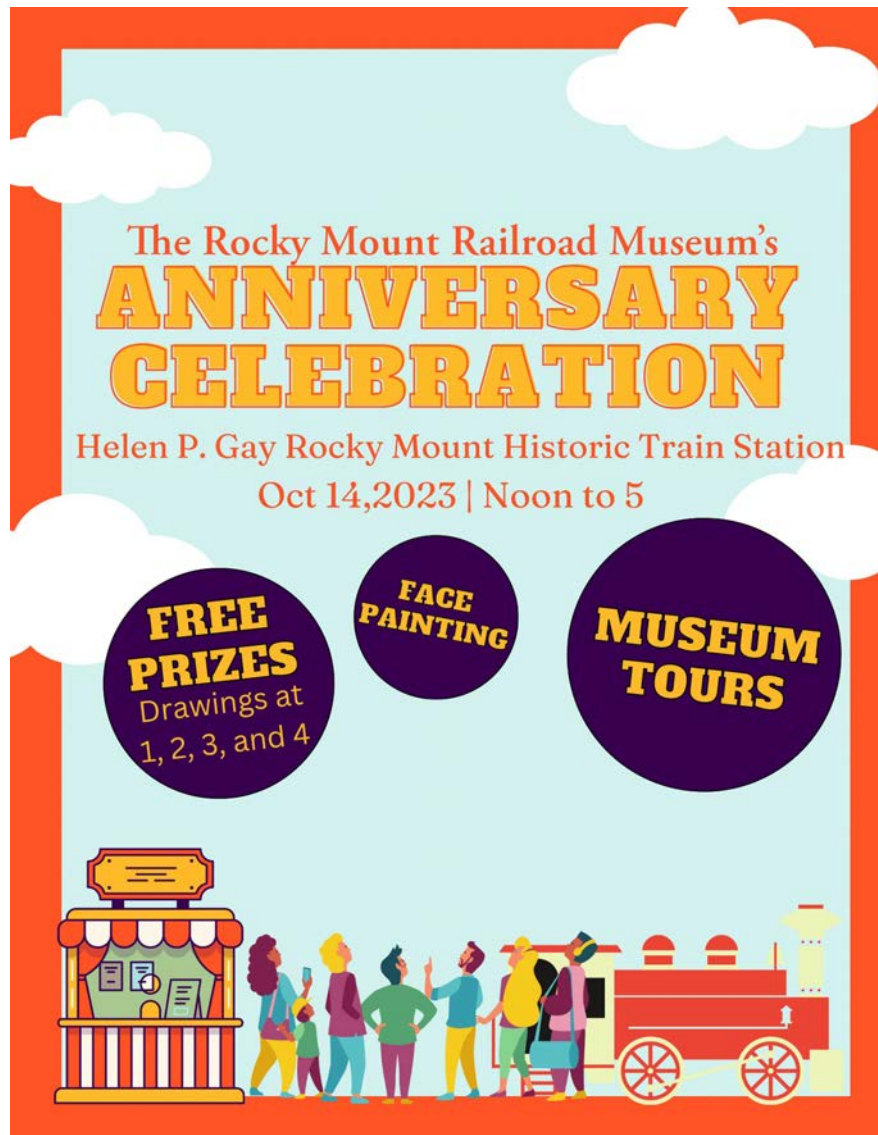
11 a.m.-12:30 p.m. - Denver Nixon

1-2:30 p.m. - Chris Hagan

3-4:30 p.m. - Push Play

5 p.m.-6 p.m. - Awards ceremony

Don't miss this fun fall event. For more information, visit downtownrockymount.com.





Edgecombe County Health Department re-opens downtown office

During the COVID-19 pandemic, the Edgecombe County Health Department's Rocky Mount location, like many other organizations, faced a staffing shortage. Consequently, it had to temporarily close.

A grand re-opening celebration was held on Aug. 14 at the building, which is at 155 Atlantic Ave. The ceremony was attended by staff members from both the Tarboro and Rocky Mount offices, as well as the Edgecombe County Manager Eric Evans and members of the community.

Operating hours for the downtown location are 8 a.m. to 5 p.m. Monday through Friday. The Health Department offers a wide range of services, including family planning, adult health, child health, STD screenings and treatment, immunizations, DOT physicals, and a syringe-exchange program.



Discover the possibilities of living and working downtown



There are multiple locations currently available for sale or lease. A feature of many properties is they are zoned as residential over retail, which means there are newly renovated apartments on the upper floors of downtown businesses. New living spaces that will soon be available for rent downtown in both Nash and Edgecombe counties.

For entrepreneurs seeking to start, relocate or expand their businesses in our growing downtown area, there are also commercial, office, and industrial spaces available. To view a list of properties, visit this link: downtownrockymount.com/business-development/available-properties/

Celebrate Halloween at the Rocky Mount Event Center

Upcoming events include a first-ever night of skating, the annual Spooktacular Oktoberfest for kids and a basketball tournament.

Rocky Mount Event Center
Presents
FRIDAY FRIGHT SKATE NITE
Friday Oct. 20th 2023 • 8pm-12am
\$10 Admission Includes: Admission to Skate / Skate Rental
Food • Adult Beverages (Must be 21) • 360 Photo Booth • DJ • Game Day • Cornhole
285 NE Main Street / Rocky Mount, NC 27801
RockyMountEvents.com

ROLLER SKATING FROM 3PM-7PM
Spooktacular OKTOBERFEST
AT THE **ROCKY MOUNT EVENT CENTER**
SATURDAY OCTOBER 21 3:00 PM - 5:00 PM
285 NE MAIN STREET DOWNTOWN ROCKY MOUNT
FREE TREAT BAGS TO THE FIRST 150 KIDS IN COSTUME, GAMES, TRICK OR TREATING, MUSIC, 360 PHOTO BOOTH, BALLOONS, BOUNCE HOUSES, FOOD, FAMILY ACTIVITIES AND MORE!
WWW.ROCKYMOUNTEVENTS.COM



Get fit downtown


The newly formed Downtown Rocky Mount Run-Walk Club meets at 6:30 p.m. every Thursday at Larema Coffee House, 106 S. Washington St., to go on a group run (2-mile loop) or walk (1-mile loop). The routes are simple and everyone is given a map. Rocky Mount police officers also are out on patrol to keep an eye on everyone and ensure a safe, healthy experience for all.

Afterward, everyone is invited to enjoy excellent beverages back at what the North Carolina Travel & Tourism Board recently selected as one of the top three coffee shops in the state to visit.

Imperial Centre presents Extreme Deep: Mission to the Abyss



The newest exhibit at the Children's Museum and Science Center - Extreme Deep: Mission to the Abyss - enables visitors to explore mysteries of the deep sea and discover creatures that no one knew existed until recently. It was




Based on the beloved holiday film, this hilarious fish-out-of-water comedy follows Buddy the Elf in his quest to find his true identity. This modern-day holiday classic is sure to make everyone embrace their inner elf.

Auditions: Oct. 9 or 10 / 6:30 - 8:30 p.m.
Imperial Centre Theatre Lobby
Cast needs: Youth (ages 10 and older), adults
Prepare a monologue and a song for the audition

Performances:
Dec. 7-9, at 7:30 p.m. and Dec. 10 at 2 p.m.
In the Imperial Centre Theatre

imperialcentre.org/theatre



ROCKY MOUNT
Christmas
PARADE
SUNDAY, DEC. 3
3 p.m.
Main Street,
Downtown Rocky Mount
rockymountnc.gov



Calendar of Events

Your presence is requested at



FAITH & BLUE
PRAYER FOR POLICE

Friday, Oct. 6 • 10 a.m.
Frederick E. Turnage Municipal Building (City Hall)
Courtyard flagpoles • 331 S. Franklin Street



Faith & Blue

Date: Friday, Oct. 6
Time: 10 a.m.
Location: Courtyard flagpoles
City Hall, 331 S. Franklin St.



FIRST FRIDAY
DOWNTOWN ROCKY MOUNT

First Friday

Date: Friday, Oct. 6
Time: 5 p.m.
Location: Downtown Rocky Mount
Visit downtownrockymount.com for a monthly list of events.



Clue On Stage

Date: Friday, Oct. 6
Time: 7:30 p.m.
Location: Theatre at the Imperial Centre
270 Gay St.



Clue On Stage

Date: Saturday, Oct. 7

Time: 7:30 p.m.

Location: Theatre at the Imperial Centre
270 Gay St.



Clue On Stage

Date: Sunday, Oct. 8

Time: 2 p.m.

Location: Theatre at the Imperial Centre
270 Gay St.



Elf The Musical Auditions

Date: Monday, Oct. 9

Time: 6:30 - 8:30 p.m.

Location: Theatre Imperial Centre Lobby
270 Gay St.



Elf The Musical Auditions

Date: Tuesday, Oct. 10

Time: 6:30 - 8:30 p.m.

Location: Theatre Imperial Centre Lobby
270 Gay St.



Eastern Carolina BBQ Throwdown

Date: Friday, Oct. 13

Time: 5 - 9 p.m.

Location: Helen P. Gay Rocky Mount Historic Train Station
101 Coastline St.



Eastern Carolina BBQ Throwdown

Date: Saturday, Oct. 14

Time: 11 a.m.

Location: Helen P. Gay Rocky Mount Historic Train Station
101 Coastline St.

Friday Fright Skate Nite

Date: Friday, Oct. 20

Time: 8 p.m. - Midnight



Location: Rocky Mount Event Center 285 NE Main St.
Admission: \$10



Spooktacular Oktoberfest

Date: Saturday, Oct. 21
Time: 3 - 5 p.m.
Location: Rocky Mount Event Center 285 NE Main St.



Rocky Mount Senior Center Fall Festival

Date: Wednesday, Oct. 25
Time: 11 a.m. - 1:30 p.m.
Location: Helen P. Gay Rocky Mount Historic Train Station 101 Coastline St.



Downtown Businesses host The Adult Downtown Rocky Mount Halloween Experience

Date: Saturday, Oct. 28
Time: 5 - 6 p.m.
Location: Moe & D's 123 S. Church St.
Time: 6:30 - 10 p.m.
Location: Five Points (Main and Tarboro streets)



Central City Revitalization Panel Meeting

Date: Thursday, Nov. 2
Time: 8:30 a.m..
Location: Downtown Development Office 132 SW Main St.



First Friday

Date: Friday, Nov. 3
Time: 5 p.m.
Location: Downtown Rocky Mount
Visit downtownrockymount.com for a monthly list of events.



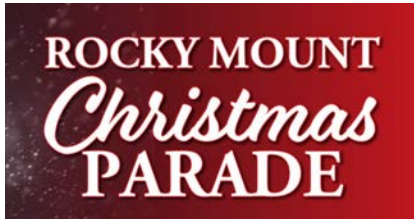
Jingle Mingle Artisan Market

Date: Saturday, Nov. 18
Time: 10 a.m. - 5 p.m..
Location: Imperial Centre for
the Arts and Sciences
270 Gay St.



First Friday

Date: Friday, Dec. 1
Time: 5 p.m.
Location: Downtown Rocky
Mount
Visit downtownrockymount.com
for a monthly list of events.



Rocky Mount Christmas Parade

Date: Sunday, Dec. 3
Time: 3 - 5 p.m.
Location: Downtown Rocky
Mount



Central City Revitalization Panel Meeting

Date: Thursday, Dec. 7
Time: 8:30 a.m..
Location: Downtown
Development Office
132 SW Main St.



Elf The Musical Performance

Date: Thursday, Dec. 7
Time: 7:30 p.m.
Location: Theatre at the
Imperial Centre
270 Gay St.



Elf The Musical Performance

Date: Friday, Dec. 8
Time: 7:30 p.m.
Location: Theatre at the
Imperial Centre
270 Gay St.



Elf The Musical Performance

Date: Saturday, Dec. 9
Time: 7:30 p.m.
Location: Theatre at the
Imperial Centre
270 Gay St.

Winter Wonderland

Date: Sunday, Dec. 10



Time: 2 p.m.
Location: Imperial Centre for the Arts and Sciences
270 Gay St.



Elf The Musical Performance

Date: Sunday, Dec. 10
Time: 2 p.m.
Location: Theatre at the Imperial Centre
270 Gay St.

City of Rocky Mount

132 SW Main St, 27804, rocky mount

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